



Unleash Compassion

As disciples of Jesus, we are sent to wherever there is poverty, loneliness, suffering of any kind. We are given the courage to be with suffering people. We can trust that by entering into places of pain, we will find the joy of Jesus.

A new world grows out of Compassion.

The call to compassionate ministry is a great call. But we must not be fearful. We must not say, *"I can't do that."* When we are aware that we are valued, that we still matter to someone, and when we have friends around us with whom we live in share our heart (community), we will find the strength and courage to overcome, to rebuild and to shine in the darkness for others. We're not afraid anymore. We're not afraid to knock on the door while somebody is dying. We're not afraid to open a discussion with a person who underneath all the glitter is much in need of ministry. We are truly free.

What do you desire most? What do you fear the most?

See: Isaiah 58



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RiseSHINE

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"As the Father has sent me, so I am sending you" Jn 20:21

Compassion is the gift of Heaven. It is the life of a soul at peace with itself, the highest of spiritual practices, and the most like Jesus we can attain. To neglect compassion in a busy or anxious life is to lose what little humanity we have.

Compassion is COURAGEOUS

I would rather light a candle, than curse the darkness.

Rise Up. Reach Out. Take a Risk!

Compassion is CONSISTENT

Compassion is not looking for applause, affirmation or even acceptance. It is simply a genuine inner beauty.

Compassion is CONTAGIOUS

When we accept that we are valued, when we have friends with whom we can depend and trust, then we are truly free to become our true selves.

Compassion is RECIPROCAL

Those who bring sunshine to the lives of others, cannot keep it from themselves.

What is it you desire most?

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